



Frances  
Vorweg

SkoolvirSerebraal- en LeergestremdeKinders  
School for Cerebral Palsied and Learning Disabled Children

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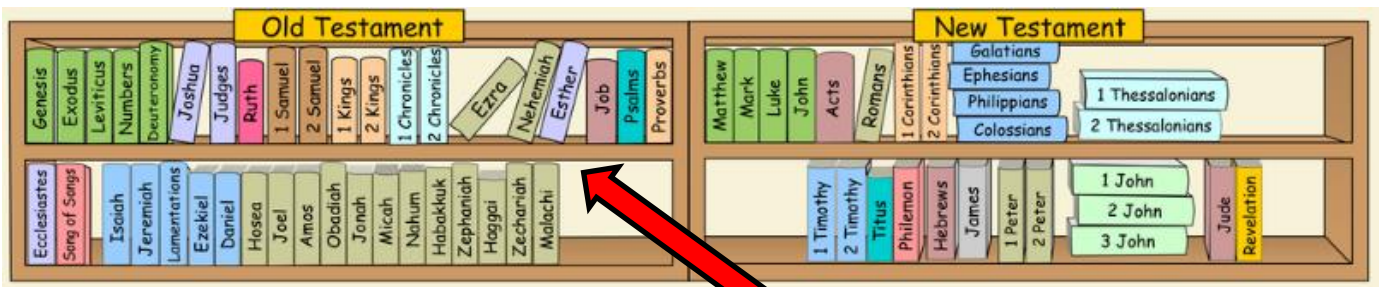
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Dear Parents



The lesson this week applies to both young and adult people. It comes from 1 Samuel 17:41-51 in the Old testament which recounts the epic story of how David defeated the giant, Goliath.

### What a shot!

The Philistine giant could not believe his eyes when he saw David coming toward him. All David had to fight with was his shepherd's stick, a sling and five smooth stones he had found in a stream. Goliath started walking toward David to get a better look. "What's that stick for?" he asked. "Am I a dog?" He swore at David and said, "I will give your body to the birds and animals to eat!"

David replied, "You have a sword, a spear and a javelin. I come with the Lord God Almighty on my side. Today, everyone will see that the Lord does not need swords or spears to save His people." David took a stone from his pocket, put it in his sling and hurled it at Goliath. The stone hit Goliath on the head and he fell to the ground.

*Now the question arises, 'how do I get rid of a giant in my life'?*

Goliath would just not stop! Day after day he came out to mock the Israelites. Each day he stood there laughing, the Israelites felt more helpless and defeated. If it weren't for Goliath, they may have had the courage to attack the enemy.

You have probably faced many problems and tackled each one with courage. Yet there may be a Goliath-sized obstacle inside you or facing you that seems to be there all the time—laughing at you day after day. It may be a bad memory that keeps you from trusting people; it may be a fear that keeps you from doing your best; it may be difficulty with schoolwork; or it may be the way you see yourself. Go get that giant! Pray for courage and trust God to provide a way to overcome that obstacle...then face your problem head-on in God's strength and with God's provision.



## Sporting Victory



Our U16 and U14 netball girls played their matches against School of Achievement on Thursday.

Our girls were well-behaved and played with great pride and energy. The u16 girls defeated their opponents 6-0 while the U14 unfortunately lost their game. Our thanks to the coaches and staff who accompanied the girls to the venue and for the effort, training and support given to them.

There are upcoming netball and football (soccer) matches against Robertsham scheduled for the 18<sup>th</sup> May 2022. Games will be played at the school. Parents and family are welcome to join in the events by providing support to their children.

## Photo Day

Parents are to note that this has been moved to 1 August 2022. In the meantime, Photos may be ordered and paid for with register teachers or at the front office/via EFT or as a card payment.

Our annual Photo Day will thus be on 1 August 2022.

### PRICE FOR INDIVIDUAL PHOTOS:

- 1 X 15 X 20cm (A5)
- 1 X 10 X 15cm (Jumbo)
- 2 X 4 X 6cm photos
- 1 X Bookmark
- R120-00

### PRICE FOR CLASS PHOTO:

- 1 X 15 X 20cm
- R60-00

### PLEASE NOTE:

the individual photos, children will only be photographed if payment has been received before 1 August 2022.

Orders can be placed and payments made with the class teacher.

## Discipline in the school

Discipline in school is vital to helping students achieve strong academic gains overcoming obstacles and achieving the mental and personal goals set for oneself. As discipline is constantly being looked at and deliberated, especially as pertaining to our children these days, here are some pointers to consider in your thinking towards this concern.



When it comes to schools keeping students on-task and safe, discipline is a key component. Effective school discipline practices help students make wise decisions and stay focused on their studies. Discipline in school is vital to helping learners achieve strong academic gains, and overcoming various obstacles in their academic career.

One of the reasons parents send children to a school of choice is because of discipline. No parent wishes their child to mature, be educated and be a part of a school that has no discipline. Many parents are concerned about education and the aspect of discipline in the class or in the school where it can happen that much of the teachers' class time is spent dealing with discipline issues instead of educating the learners. That's not the education environment we want for our children. We want them to go to school to learn in a safe, supportive environment where they can learn.



### The Four Ways Effective School Discipline Benefits The learner

#### 1. ENCOURAGES POSITIVE ACADEMIC/ SCHOOL PERFORMANCE

One of the reasons to consider discipline in school to be a top priority is the fact that it leads to better academic/school performance. Learners who know they are accountable for their actions both in and out of the classroom tend to get better scores on academic and skills testing. Classroom

discipline helps students stay on-task while with the teacher, limiting distractions and improving the flow of information and completing the task, project, test and skill that is given to them.

#### 2. HELPS STUDENTS STAY MORE FOCUSED ON THEIR GOALS

Discipline in the classroom helps students stay focused on their academics, skill programme and portfolios or activities. Over time, this teaches them how to focus in other ways. A disciplined learner is able to stay focused on his/her goals and keep his/her work as a top priority. This type of focus transforms well into life outside of school as well, helping learners maintain high standards in every area of life.

#### 3. LIMITS PROBLEMS WITH NEGATIVE PEER PRESSURE

Peer pressure can be both a positive and a negative factor in a learner's life, but having discipline in school can help limit the amount of negative peer pressure student's face. When the entire school and in particular the learners are held to a high standard, they are less likely to push their peers to make negative choices. As a result, peer pressure that does occur is the pressure to do and be better, which is a positive type of peer pressure.

#### 4. CREATES A SAFE ENVIRONMENT FOR STUDENTS

Another benefit of school discipline is the safety it creates in a school. When an established discipline code is in place that learners and teachers both understand and accept, everyone can learn in a safe and supportive environment.

I trust this perspective as I've outlined it adds some colour to the aspect of discipline as we see it Frances Vorwerg School. Please feel free to drop us a line, should you wish to comment or raise a concern that you have.

#### **What is Frances Vorwerg?**

I've had several visitors and persons coming into the school commenting, "we didn't know this was a school AND it's so big. What do you exactly do here?" At times, I'm not even sure that parents know the full extent of Frances Vorwerg School and its programmes. The following is a summary of the school and its basic programme to learners. Please be aware that the school offers far more than is indicated in the chart, but that the detail of the programme cannot be inserted here.

#### **Summary of school-Learner Programme**

**As many learner present with physical disabilities as well as learning disabilities, the school is designed and manged to specifically cater for these**

Grade levels	Foundation Phase	Intermediate Phase	Senior Phase	ToC Phase	DCaps Phase
Subjects	CAPS Curriculum	CAPS Curriculum	CAPS Curriculum	Technical Occupation Curriculum	Adjusted CAPS Curriculum
Skills				Gardening Metalwork Woodwork Cement work Hospitality Computer & Office	Gardening Beading Basic crafting Artwork
Support	Play Therapy Physiotherapy Occupational Therapy Speech therapy Remedial	Play Therapy Physiotherapy Occupational Therapy Speech therapy Remedial	Remedial Therapies offered when needed	Remedial Therapies offered when needed	Play Therapy Physiotherapy Occupational Therapy Speech therapy Remedial
Sport	Junior soccer Junior athletics Boccia Netball	Junior soccer Junior athletics Boccia Netball	Senior soccer Junior athletics Boccia Netball	Senior soccer Junior athletics Boccia Netball	Soccer Athletics Boccia Netball

## School Fees and Exemptions

Parents are reminded that exemptions may be applied for through the finance office. Failing to apply means that accounts will be issued and unpaid accounts will be handed-over for collection.

The process of cross-checking application to establish the validity of information and for meeting the exemption requirements is arduous and we ask parents to bear this in mind when enquiring as to the process or results pertaining to this. Every effort is made to keep and speed-up the process and we assure parents that applications are being dealt with and that parents will be informed of the application outcome.

## Learners and After-School Concerns

I notice that more and more learners are being left on the school premises after school has finished for the day. I appeal to parents to make the necessary arrangements to fetch or transport their children at the correct times/when school finishes for the day.

Children who are left on their own after school (in the hok /waiting area) are wasting valuable study, homework and post-school time. I urge parents to come on board with fetching their children on time and to assist in getting good study and work habits going at home.

## Covid

The school's policy on Covid and the restrictions as imposed by the National Committee on Covid have changed to the following:

- Sanitising of hands must take place upon entering the school or a classroom
- Masks must be worn in points of gathering (hall, classroom, small venues, etc.)
- No masks to be worn when outside the school building
- Social distancing is minimised to 750cm in the classroom environment.
- School attendance is compulsory even if other members of the family have tested positive for Covid

I trust that you will enjoy the weekend as you break from your busy schedule

*Mark Lynch*

